

# PEPTIDE BINDING THE KLVFF-SEQUENCE OF AMYLOID- $\beta$

## Cross Reference to Related Applications

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This is a continuation of International Application No. PCT/SE96/01621, filed December 9, 1996, that designates the United States and which claims priority from Swedish Application No. 9504467-3, filed December 12, 1995, and U.S. Provisional Application No. 60/009,386, filed December 29, 1995, which are herein incorporated by reference.

## Introduction

The present invention relates to compounds, which are of special interest by their ability to bind to the KLVFF-sequence in the peptide amyloid  $\beta$  and to inhibit polymerization of the amyloid  $\beta$  peptide. The compounds according to the invention are e.g. useful as medicaments and as tools for identification of substances to be used in the treatment or prevention of amyloidosis.

## Background of the invention

Amyloidosis is a condition which is characterized by the deposition of amyloid in organs or tissues of the human or animal body, either as a primary disease of unknown cause or secondary to chronic disease, such as tuberculosis or osteomyelitis. In addition, it has also been found that the pre-eminent neuropathological feature of Alzheimer's disease (AD), a chronic condition of brain atrophy, is the deposition of amyloid in the brain parenchyma and cerebrovasculature (D.J. Selkoe, *Neuron* 6, 487-498 (1991); D.J. Selkoe, *Annu. Rev. Cell Biol.* 10, 373-403 (1994)).

The basic component of such amyloid is a peptide termed amyloid  $\beta$ , or A $\beta$  (G.C. Glenner, C.W. Wong, *Biochem. Biophys. Res. Commun.* 120, 885-890 (1984)). It is a 40 to 42 amino acids long proteolytic fragment of the Alzheimer amyloid precursor protein (APP), a protein expressed in most tissues (J. Kang, et al., *Nature* 325, 733-736 (1987)). Genetic and neuropathological studies provide strong evidence for a central role of A $\beta$  in the pathogenesis of AD, but the pathophysiological consequences of the amyloid

deposition are still unclear. However, it has been suggested that A $\beta$  polymers and amyloid are toxic to neurons, either directly or indirectly, and hence cause neurodegeneration (C. Behl, J. B. Davis, R. Lesley, D. Schubert, *Cell* 77, 817-827 (1994); D.T. Loo, et al., *ibid* 90, 7951-7955 (1995)).

The amyloid associated with Alzheimer's disease (AD) consists of thin fibrils of polymerized A $\beta$ . A rational pharmacological approach for the prevention of amyloidogenesis would therefore be to use drugs that specifically interfere with A $\beta$ -A $\beta$  interaction and polymerization. Previous studies showed that A $\beta$  polymerization *in vivo* and *in vitro* is a highly specific process, which probably involves an interaction between binding sequences in the A $\beta$  peptide (J. Näslund, et al., *Proc. Natl. Acad. Sci. USA* 91, 8378-8382 (1994); J. Näslund, et al., *Biochem. Biophys. Res. Commun.* 204, 780-787 (1994)).

Wood et al (S.J. Wood, R. Wetzel, J.D. Martin, M.R. Hurle, *Biochemistry* 34, 724-730 (1995)) suggest that amino acid residues within or close to A $\beta$ -16-20 are important for the adoption of the correct  $\beta$ -pleated sheet structure of A $\beta$  and show that amino acids 17-23 in the amyloid  $\beta$  peptide (A $\beta$ ) are essential for fibril formation and probably make up the  $\beta$ -sheet core of the fibrils. In addition, Wood et al. have investigated the ability of their peptides to form amyloid fibrils in a solution containing solely the mutated or the wild-type peptide. However, no method or principle which makes it possible to inhibit A $\beta$  of wild type from forming amyloid fibrils is devised and no use of the peptides as medicaments is suggested.

WO 95/08999 relates to amelioration of amnesia in Alzheimer's disease caused by deposition of amyloid  $\beta$  protein. Three peptides are disclosed, which overcome the amnestic effects of  $\beta$ -12-28, a peptide

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homologous to A $\beta$ . In addition, WO 95/08999 describes the screening of several other peptides, which were neither significantly amnestic nor memory enhancing, of which one is KLVFF, SEQ. NO. 15 of the sequence listing therein.

In EP 0 584 452, novel amyloid precursor proteins and the sequences thereof are disclosed. Peptide sequences that comprise KLVFF are revealed. However, neither binding to amyloid  $\beta$  peptide nor any inhibition of the polymerization thereof is suggested.

#### Summary of the invention

Thus, the polymerization of the amyloid  $\beta$  peptide (A $\beta$ ) into amyloid fibrils is a critical step in the pathogenesis of Alzheimer's disease.

In vitro and in vivo studies of A $\beta$  have shown that the A $\beta$  molecules interact with a high degree of specificity during polymerization and fibril formation. It was assumed that ligands which bind to recognition sequences would be capable of inhibiting A $\beta$  polymerization and possibly also dissolve pre-formed A $\beta$  polymers in situ. The strategy in finding such A $\beta$  ligands was to identify critical binding regions in A $\beta$  and, based on their sequences, develop a compound capable of blocking the A $\beta$ -A $\beta$  binding.

According to the invention, it was hypothesized that compounds capable of binding to regions in the A $\beta$ -molecule critical for its polymerization might inhibit amyloid fibril formation, as described in more detail below.

According to the invention, it has now been found that the Lys-Leu-Val-Phe-Phe (KLVFF) sequence in A $\beta$  is necessary for polymerization to occur. Peptides incorporating this sequence bind to A $\beta$  and are capable of blocking the fibril formation of A $\beta$ -1-40 and are therefore potentially useful as drugs.

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In addition, compounds have been found, which

- 1) are capable of binding to full-length A $\beta$ ,
- 2) are capable of blocking A $\beta$  fibril formation and
- 3) do not form fibrils by themselves.

5 In addition, it has also been found that alanine-substituted A $\beta$ -1-28 (Ala at position 16,17,20), in contrast to wild-type A $\beta$ -1-28, does not form fibrils.

Thus, it was concluded that the Lys-Leu-Val-Phe-  
10 Phe (16-20) motif serves as a structural basis for the development of peptide and non-peptide agents aimed at inhibiting amyloidogenesis *in vivo*. This is a novel finding and the compounds are of utmost interest as being useful as drugs for Alzheimer's  
15 disease.

Further, the findings according to the invention are even more surprising on the basis of what was concluded from WO 95/08999 mentioned above. In WO 95/08999, it was concluded that KLVFF is not a poten-  
20 tial candidate for the development of substances that can antagonize binding of A $\beta$  and thus attenuate symptoms and progression of AD. Even though the teaching of said WO publication indicates the opposite, according to the present invention, it has now been  
25 found that KLVFF on the contrary is most useful for the development of new compounds defined by Formula (I) and (II) below.

#### Detailed description of the invention

30 The present invention relates to compounds which are able to bind to the Lys-Leu-Val-Phe-Phe-sequence, or KLVFF-sequence, in the peptide amyloid  $\beta$ . More specifically, the compounds according to the invention are defined by their formula (I):

35  $R_1 - A' - Y' - \text{Leu} - X' - Z' - B' - R_2$  (I)  
in which

- X' means any group or amino acid imparting to the compound of formula (I) the ability to bind to the KLVFF-sequence in amyloid  $\beta$  peptide, or two amino acids imparting the same ability, but with the proviso that one is not proline;
- Y' means any amino acid;
- Z' means any non-acidic amino acid;
- A' means a direct bond or an  $\alpha$ -amino acid bonded at the carboxyl terminal of the  $\alpha$ -carboxy group or a di-, tri-, tetra- or pentapeptide bonded at the carboxyl terminal of the  $\alpha$ -carboxy group;
- B' means a direct bond or an  $\alpha$ -amino acid bonded at the  $\alpha$ -nitrogen or a di-, tri-, tetra- or pentapeptide bonded at the  $\alpha$ -nitrogen of the N-terminal  $\alpha$ -amino acid;
- R<sub>1</sub> is H or -CO-R<sub>3</sub> bonded at the  $\alpha$ -amino group of A';
- R<sub>2</sub> is H, -OR<sub>4</sub> or NR<sub>5</sub>R<sub>6</sub>, all bonded to the  $\alpha$ -carboxyl group of the  $\alpha$ -carboxyterminal of B';
- R<sub>3</sub> is a straight or branched carbon chain of 1-4 carbon atoms;
- R<sub>4</sub> is a straight or branched carbon chain of 1-4 carbon atoms;
- R<sub>5</sub> and R<sub>6</sub> independently are H, alkyl, cycloalkyl, aryl or substituted aryl or together are -(CH<sub>2</sub>)<sub>n</sub>-, where n is 4-5; R<sub>1</sub> and R<sub>2</sub> together can form a hydrocarbon ring or heterocyclic ring; and
- all the  $\alpha$ -amino acids can be either D- or L-isomers; with the proviso that (I) is not Lys-Leu-Val-Phe-Phe.
- With alkyl is preferably meant a chain of 4 or less carbon atoms, e.g. methyl, ethyl, propyl or butyl.
- With cykloalkyl is preferably meant a ring of 3, 4, 5 or 6 carbon atoms.
- Aryl preferably means a phenyl group, which can be substituted, preferably by a methyl, ethyl, propyl or butyl group, an amino or a methoxy, ethoxy, propoxy or butoxy group.

In a preferred embodiment of the present invention, the compound exhibits an ability to inhibit polymerization of amyloid  $\beta$  peptide.

In one embodiment of the invention, all the amino acids of the compound are D-isomers.

In one embodiment of the invention, Y' is Lys, and in a particular embodiment of the invention, Z' is Phe, resulting in a compound of the following formula:



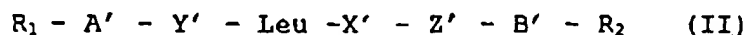
In an alternative embodiment of the invention, Y' is Phe.

Preferred are compounds, wherein X' is Val-Val.

In one embodiment of the present aspect of the invention, R<sub>1</sub> is acetyl.

In an alternative embodiment of the invention, R<sub>1</sub> is H. According to another embodiment, R<sub>2</sub> is H. Alternatively, R<sub>1</sub> and R<sub>2</sub> are both H.

A second aspect of the present invention is the use of a compound of formula:



in which

X' means any group or amino acid imparting to the compound of formula (II) the ability to bind to the KLVFF-sequence in amyloid  $\beta$  peptide, or two amino acids imparting the same ability, but with the proviso that one is not proline;

Y' means any amino acid;

Z' means any non-acidic amino acid;

A' means a direct bond or an  $\alpha$ -amino acid bonded at the carboxyl terminal of the  $\alpha$ -carboxy group or a di-, tri-, tetra- or pentapeptide bonded at the carboxyl terminal of the  $\alpha$ -carboxy group;

B' means a direct bond or an  $\alpha$ -amino acid bonded at the  $\alpha$ -nitrogen or a di-, tri-, tetra- or pentapeptide bonded at the  $\alpha$ -nitrogen of the N-terminal  $\alpha$ -amino acid;

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$R_1$  is H or  $-\text{CO}-R_3$  bonded at the  $\alpha$ -amino group of  $A'$ ;  
 $R_2$  is H,  $-\text{OR}_4$  or  $\text{NR}_5\text{R}_6$ , all bonded to the  $\alpha$ -carboxyl group  
of the  $\alpha$ -carboxyterminal of  $B'$ ;

$R_3$  is a straight or branched carbon chain of 1-4 carbon  
5 atoms;

$R_4$  is a straight or branched carbon chain of 1-4 carbon  
atoms;

$R_5$  and  $R_6$  independently are H, alkyl, cycloalkyl, aryl or  
substituted aryl or together are  $-(\text{CH}_2)_n-$  where  $n$  is 4-5;

10  $R_1$  and  $R_2$  can together form a hydrocarbon ring or  
heterocyclic ring; and

all the  $\alpha$ -amino acids can be either D- or L-isomers;  
for inhibition of polymerization of amyloid  $\beta$  pep-  
tide, as a model substance for synthesis of amyloid  $\beta$   
15 peptide-ligands for inhibition of polymerization of  
amyloid  $\beta$  peptide, as a tool for the identification  
of other organic compounds with similar functional  
properties or as ligand for detection of amyloid de-  
posits using e.g. positron emission tomography (PET).

20 With alkyl is preferably meant a chain of 4 or  
less carbon atoms, e.g. methyl, ethyl, propyl or  
butyl.

With cykloalkyl is preferably meant a ring of 3,  
4, 5 or 6 carbon atoms.

25 Aryl preferably means a phenyl group, which can  
be substituted, preferably by a methyl, ethyl, propyl  
or butyl group, an amino or a methoxy, ethoxy,  
propoxy or butoxy group.

In one embodiment of this second aspect of the  
30 invention, a compound is used, wherein all the amino  
acids are D-isomers.

In a particular embodiment of this aspect of the  
invention,  $Y'$  is Lys. A particular embodiment is when  
 $Z'$  is Phe, resulting in a compound of the following  
35 formula:



In an alternative embodiment, a compound is used, wherein Y' is Phe while Z' is any non-acidic amino acid.

In a preferred embodiment of this aspect of the  
5 invention, a compound is used, wherein X' is Val-Val.

In one embodiment of the use according to the invention, R<sub>1</sub> is acetyl. Alternatively, R<sub>1</sub> and/or R<sub>2</sub> are H.

Yet another aspect of the present invention is a  
10 compound according to the invention for use as a  
medicament.

Also claimed is the use of a compound, preferably of the formula (I) or (II), which is able to bind to the KLVFF-sequence in amyloid  $\beta$  peptide and which has the ability to inhibit polymerization of amyloid  $\beta$  peptide, for the manufacture of a medicament for the treatment or prevention of amyloidosis, especially in the treatment or prevention of Alzheimer's disease associated with amyloidosis, for the treatment or prevention of demens in patients with Down's syndrome, for the treatment or prevention of Hereditary cerebral hemorrhage with amyloidosis (Dutch type) or for the prevention of fibril formation of human amyloid protein.

25 Further, a last aspect of the present invention is a composition comprising a compound according to formula II and optionally a ligand capable of binding or interacting with the compound according to formula II and a carrier.

30 Said composition can e.g. be adapted for injection in a liquid carrier or for oral administration in a tablet or capsule.

Carriers are known for persons skilled in the art.

35 For clarification the following definitions are  
given:



K is lysine (Lys), L is leucine (Leu), V is valine (Val), F is phenylalanine (Phe), A is alanine (Ala) and E is glutamic acid (Glu).

As used herein, "any group giving the compound according to formula (I) the ability to bind to the KLVFF-sequence in the amyloid  $\beta$  peptide" means that this group gives the compound a structure, which can fulfil the requirements given in claim 1.

The hydrocarbon ring or heterocyclic ring has preferably 4-6 atoms, preferably C, N and S.

#### Description of the figures

Fig. 1 A and B. A $\beta$ -amyloid polymerization.

Fig. 2A. Ten-mers corresponding to consecutive sequences of A $\beta$ -1-40. Radioactivity bound to the filter was detected by autoradiography and quantified by densitometry.

Fig. 2B. EVHHQKLVFF and N and C-terminal truncated fragments were synthesized and analyzed for affinity to  $^{125}$ I-labelled A $\beta$ -1-40.

Fig. 2C. Each amino acid residue in KLVFF was systematically replaced with Ala and analyzed for affinity to  $^{125}$ I-labelled A $\beta$ -1-40.

Fig 2D. Sensorgram from surface plasmon resonance spectroscopy (BIAcore 2000).

Fig. 3 A and B. Content of non-aggregated peptide in the supernatants from incubations of wild-type and Ala-substituted A $\beta$ -1-28 as analyzed by HPLC.

#### EXPERIMENTAL

##### Example 1

a) Ten-mers corresponding to consecutive sequences of A $\beta$ -1-40 were synthesized on a filter matrix using the SPOT-technique (the peptides were synthesized essentially as described by Frank [R. Frank, *Tetrahedron* 42, 9217-9232 (1992)]). Briefly, a spacer corresponding to 2 molecules of  $\beta$ -alanine was coupled to cellu-

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lose membranes (Whatman 1Chr). The peptides were synthesized on these derivatized membranes using Fmoc protected and pentafluorophenyl-activated amino acids (AMS Biotechnology) dissolved in N-methylpyrrolidone.

5 Coupling efficiency was monitored using bromphenol blue.). We synthesized the thirty-one possible 10-mers of the A $\beta$ -1-40. Peptide no. 1 corresponds to amino acids 1-10, peptide no. 2 to amino acids 2-11 etc. The filter-bound peptides were incubated with

10 radioactive A $\beta$ -1-40. Following washing of the filter in high-salt buffer, bound radioactivity was estimated by autoradiography and densitometry. Following blocking with 0.05% Tween-20 in Tris-buffered saline (TBS), the filter was incubated in the presence of 20

15  $\mu$ M  $^{125}$ I-labelled A $\beta$ -1-40 at 20°C for 12 h in TBS, pH 7.3, supplemented with 1% bovine serum albumin. The filter was then washed repeatedly in the same buffer containing 0.5 M NaCl and dried. Radioactivity bound to the filter was visualized by autoradiography and

20 quantitated using a densitometer.

b) Peptide no. 11 (EVHHQKLVFF) and indicated N- and C-terminal truncated fragments were synthesized using the same technique as described above and analyzed for affinity to  $^{125}$ I-labelled A $\beta$ -1-40.

25 c) Sensorgram from BIAcore 2000. A $\beta$ -1-40, at three different concentrations in running buffer, pH 7.4. A $\beta$ -1-40 was injected during 10 minutes over a sensorchip derivatized with the peptide KLVFF- $\beta$ A- $\beta$ A-C.

d) Each amino acid residue in KLVFF was systematically replaced with A and analyzed for affinity to

30  $^{125}$ I-labelled A $\beta$ -1-40. Non-specific interactions have been compensated for by subtracting the signal from a surface derivatized with C alone.

### 35 Results

a) The measured binding should be interpreted as semiquantative, since the coupling efficiency and

- therefore the amount of peptide per spot may vary. A region located in the central part of A $\beta$  (A $\beta$ -9-18 to A $\beta$ -13-22) displayed prominent binding of radioactive A $\beta$ -1-40. Another binding region was the hydrophobic C-terminus of the molecule (D. Burdick, et al, J. Biol. Chem. 267, 546-554 (1992)) but binding here was considerably weaker (Fig 2A).
- b) Being located in the centre of the binding region, peptide no. 11 (corresponding to A $\beta$ -11 - 20) was selected for further studies. This peptide, as well as N- and C-terminal fragments thereof, were synthesized using the same technique as described previously. The shortest peptide still displaying high A $\beta$  binding capacity had the sequence KLVFF, corresponding to amino acids 16-20 of A $\beta$  (Fig. 2B). By systematically substituting the amino acid residues in the KLVFF sequence with alanine, we found that the first, second and fifth residues (i.e. KLXXF) were critical for binding (Fig. 2C).
- c) The interaction between soluble A $\beta$ -1-40 and immobilized KLVFF was monitored in real-time (Fig. 2D) using surface plasmon resonance spectroscopy (BIAcore, Pharmacia) (BIAcore 2000 (Pharmacia Biosensor AB, Sweden) was used for real-time studies based on surface plasmon resonance spectroscopy. The peptide was immobilized using thiol coupling. The running buffer consisted of 10 mM HEPES, 0.15 M NaCl, 3.4 mM EDTA and 0.05% surfactant P20 as described. (U. Jansson, M. Malmqvist, Adv. Biosens. 2, 291-336 (1992))). The binding was not saturable, indicating that A $\beta$ -1-40 bound to immobilized KLVFF could interact with other A $\beta$ -1-40 molecules in a polymerization reaction.
- d) AA served as linker between the active peptide and the chip (upper trace) and cysteine alone, indicating non-specific binding, (C) as control (lower

trace). Arrows indicate start and stop of injection (Fig. 2D).

### Example 2

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To investigate if the KLXXF motif was required for A $\beta$  polymerization, we synthesized A $\beta$ -1-28, a well-studied A $\beta$  fragment that readily forms amyloid fibrils (D.A. Kirschner, et al., *Proc. Natl. Acad. Sci. USA* 84, 6953-6957 (1987); C.J. Barrow, M.G. Zagorski, *Science* 253, 179-82 (1991); C. Nordstedt, et al., *J. Biol. Chem.* 269, 30773-30776 (1994)) and mutated A $\beta$ -1-28 where the KLVFF sequence was substituted with AAVFA (A $\beta$ -1-28<sup>AAVFA</sup>).

A $\beta$ -1-28 (Fig. 3 A) and A $\beta$ -1-28<sup>AAVFA</sup> (Fig. 3 B) were incubated at 200  $\mu$ M in TBS for 24 h at 37°C in a shaking water bath. After incubation, the tubes were centrifuged at 20,000g for 20 min and the content of non-aggregated peptide in the supernatants (Fig. 3 A, B) was analyzed using an established C4 RPLC system (12) whereas the aggregated peptides in the pellets were analyzed by electron microscopy after adsorption to formvar-coated grids and negative staining with 2% uranyl acetate in water.

### Results

Following incubation at a concentration of 200  $\mu$ M for 24 h at 37°C, A $\beta$  -1-28 aggregated (Fig. 3A) and formed large fibril bundles, whereas A $\beta$ -1-28<sup>AAVFA</sup> almost completely failed to aggregate (Fig. 3B) and only formed a few dispersed fibrils.

### Example 3

A $\beta$ -1-40 was incubated at 100  $\mu$ M in TBS for 48 h at 37°C in a shaking water bath, either alone or together with 100  $\mu$ M AcKLVFFNH<sub>2</sub>. The polymerized material was adsorbed to formvar-coated grids and negatively stained with 2% uranyl acetate in water.

### Results

Incubation of synthetic A $\beta$ -1-40 at 100  $\mu$ M for 48 h at 37°C in a physiological buffer led to polymerization and formation of amyloid fibrils arranged in parallel in densely packed bundles, as previously shown (C. Nordstedt, et al., *J. Biol. Chem.* 269, 30773-30776 (1994)). When A $\beta$ -1-40 was coincubated with AcQKLVEFFNH<sub>2</sub> at equimolar concentrations, this type of fibrils did not form. Instead, only a few occasional fibrils embedded in a diffuse background of small rod-like aggregates, similar to those formed by AcQKLVEFFNH<sub>2</sub> itself, could be detected.

### Example- 4

The peptides were synthesized essentially as described by Frank (Frank R, 1992, *Tetrahedron* 42:9217-9232). Briefly, a spacer corresponding to 2 molecules of  $\beta$ -alanine was coupled to cellulose membranes (Whatman XX). The peptides were synthesized on these derivatized membranes using Fmoc protected and pentafluorophenyl-activated amino acids (AMS biotechnology) dissolved in N-methylpyrrolidone. Coupling efficiency was monitored using bromphenol blue.

### Results

The KLXXF motif in the A $\beta$  molecule is not only critical for polymerization and fibril formation. During non-amyloidogenic processing of APP, the molecule is cleaved between amino acid residues K<sup>16</sup> and L<sup>17</sup> (F.S. Esch, et al., *Science* 248, 1122-1124 (1990)), leading to the formation of a fragment of A $\beta$  termed p3 and corresponding to A $\beta$ -17-40 or A $\beta$ -17-42 (C. Haass, A.Y. Hung, M.G. Schlossmacher, D.B. Teplow, D. J. Selkoe, *J. Biol. Chem.* 268, 3021-3024 (1993)). Through this metabolic pathway the present binding sequence is disrupted. This may explain why

- p3 is not capable of forming amyloid *in vitro* or *in vivo* (J. Näslund, et al., *Proc. Natl. Acad. Sci. USA* 91, 8378-8382 (1994); J. Näslund, et al., *Biochem. Biophys. Res. Commun.* 204, 780-787 (1994)). The
- 5 KLXXF motif is highly sequence specific. The most apparent example of this is the finding that substitution of a single amino acid leads to virtually complete loss of A $\beta$  binding capacity.

10 Example 5

- In an additional series of experiments, it was demonstrated that KLVFF binds stereo specifically to the homologous sequence in A $\beta$  (i.e. A $\beta$ -16-20). By screening combinatorial pentapeptide libraries exclusively composed
- 15 of D-amino acids (lowercase) with labelled KLVFF, several ligands with a motif containing phenylalanine (f) in the second and leucine (l) in the third position were identified (e.g. lflrr). By using a short peptide in the screening, known to bind to a region in A $\beta$  critical for its
- 20 polymerization (i.e. KLVFF), the risk of identifying D-pentapeptides that interact with nonrelevant regions in A $\beta$  (N- or C-terminal to A $\beta$ -16-20) was eliminated. Like KLVFF, the D-amino acid ligands were found not only to bind to A $\beta$  but also to inhibit amyloid fibril formation.
- 25 Since peptides built up of D-amino acids are resistant to proteolytic degradation, these ligands may be beneficial for inhibition of amyloidogenesis *in vivo*. The results further indicate that KLVFF will be useful in the identification of small organic molecules (e.g. by screening of
- 30 substance libraries) with the ability to bind to A $\beta$  in this relevant region and inhibit amyloid fibril formation (candidate drugs for the treatment of Alzheimer disease and other related amyloidoses).

Discussion and conclusion

Previous studies of putative inhibitors of amyloid fibril formation showed that cyclodextrins (P. Camilleri, N.J. Haskind, D.R. Howlett, *FEBS Lett.* 341, 256-258 (1994)) and Congo red (A. Lorenzo, B. Yankner, *Proc. Natl. Acad. Sci. USA* 91, 12243-12247 (1994)) may have such properties. The usefulness of these molecules as lead or model substances in development of anti-Alzheimer amyloid drugs is, however, compromised by their relative lack of specificity. Cyclodextrins have primarily been used to increase the solubility of a wide range of lipophilic drugs and it is unlikely that they would display any specificity for A $\beta$  in vivo. Congo red, which is used in histochemistry to detect amyloid, binds to a wide array of non-A $\beta$  amyloids as well as to other proteins with a high content of  $\beta$ -pleated sheet structures (W.G. Turnell, J.T. Finch, *J. Mol. Biol.* 227, 1205-1223 (1992)).

Due to the extreme insolubility of amyloid, strong chaotropic agents or potent organic solvents are required for its dissolution (C.L. Masters, et al., *Proc. Natl. Acad. Sci. USA* 82, 4245-4249 (1985)), the concept of dissolving amyloid deposits in situ under physiological conditions may seem futile. However, the bulk of the individual molecules in amyloid are probably not joined by covalent bonds and the deposition of A $\beta$  into amyloid is, at least at some stages, a dynamic and reversible process (J.E. Maggio, et al., *ibid.*, 89, 5462-5466 (1992)). Hence, a molecule capable of binding to a site in the A $\beta$  molecule that is critical for fibril formation with an affinity higher than native A $\beta$  should have reasonable chances to inhibit amyloid growth and maybe also specifically dissolve amyloid fibrils.

We have now shown that this region harbors at least one binding sequence required for the polymerization of A $\beta$  into amyloid fibrils. It was also demonstrated that short peptides incorporating A $\beta$ -16-20 can function as ligands that bind to A $\beta$  and inhibit the formation of amyloid fibrils. Since these peptide ligands are relatively small, they are amenable for identification of other organic molecules with similar functional properties. Non-peptide homologues of KLVFF should be useful as pharmacological drugs for the treatment of Alzheimer's disease in the future.